

# Jōdo Shinshū Service Book 浄土真宗本願寺派 勤行聖典

# LOS ANGELES HOMPA HONGWANJI BUDDHIST TEMPLE

本派本願寺羅府別院

#### **CONTENTS**

Essentials of Jodo Shinshu [Kyosho 浄土真宗の教章]	3
Jodo Shinshu Creed [Jodo Shinshu no seikatsu shinjo 浄土真宗の生活信条]	5
Three Treasures [Raisanmon 礼讃文]	7
Golden Chain	10
Creed [Ryōgemon 領解文]	11
Sutra おつとめ	
Shoshinge 正信偈	
Sanbutsuge 讃仏偈	
Jyuseige 重誓偈 Jyunirai 十二礼	
Gatha 仏教讃歌	
Ondokusan I	74
Letters of Rennyo Shonin - <i>Gobunsho</i> 御文章	
The Tradition of Shinran Shonin	76
[Shonin ichiryu shō 聖人一流章]	
Attaining the Entrusting Heart	77
[Shinjin gyakutoku shō 信心獲得章]	
Those Lacking Wisdom in the Latter Age	79
[Matsudai muchi shō 末代無智章]	00
White Ashes	8U
[Hakkotsu shō 白骨章]	

#### The Essentials of Jodo Shinshu – My Path

Name of Teaching: Jodo Shinshu (The True Essence of Pure Land Buddhist Teaching)

Founder: Shinran Shonin

Date of birth: May 21, 1173 Date of death: January 16, 1263

Name of School: Jodo Shinshu Hongwanji-ha

Head Temple: Ryukoku-zan Hongwanji (Nishi Hongwanji)

Object of Reverence: Amida Tathagata (Namo Amida Butsu)

#### Scriptures:

Sutras: The Three Pure Land Sutras Delivered by Shakyamuni Buddha

1. Bussetsu Muryoju Kyo

[The Sutra of the Buddha of immeasurable Life]

- Bussetsu Kammuryoju Kyo [The Sutra of Contemplation of the Buddha of Immeasurable Life!
- 3. Bussetsu Amida Kyo [The Sutra on Amida Buddha]

#### Shinran Shonin's writings

- Shoshin Nembutsuge [Hymn of True Entrusting Heart and the Nembutsu], excerpt from the "Chapter on Practice" of Kyogyoshinsho
- 2. Jodo wasan [Hymns of the Pure Land]
- 3. Koso wasan [Hymns of the Pure Land Masters]
- Shozomatsu wasan [Hymns of the Dharma'Ages]

Rennyo Shonin's Gobunsho Letters

#### Teaching:

Attaining the "entrusting heart"-awakening to the compassion of Amida Tathagata (Buddha) through the working of the Primal Vow-we shall walk the path of life reciting Amida's Name (Nembutsu). At the end of life, we will be born in the Pure Land and attain Buddhahood, returning at once to this delusional world to guide people to awakening.

Way of Life:

Guided by the teaching of Shinran Shonin, we shall listen to the compassionate calling of Amida Tathagata and recite the Nembutsu. While always reflecting on ourselves, amidst our feelings of regret and joy, we shall live expressing our gratitude without depending on petitionary prayer and superstition.

Purpose:

The Hongwanji school is a community of people joined together revering the teaching of Shinran Shonin and saying the Nembutsu. We seek to share with others the wisdom and compassion of Amida Tathagata. By doing so, we shall work toward the realization of a society in which everyone is able to live a life of spiritual fulfillment.

# じょうどしんしゅう きょうしょう わたし あゆ みち浄土真宗の教章 (私の歩む道)

にようかい じょうどしんしゅう 学土真宗

には 親鸞聖人

(御開山)ご誕生 1173年5月21日 (承安3年4月1日) ご往生 1263年1月16日 (弘長2年11月28日)

しゅうは じょうどしんしゅうほんがんじは宗派 浄土真宗本願寺派

はんざん りゅうこくざん ほんがんじ にしほんがんじ 本山 龍谷山 本願寺 (西本願寺)

本尊 阿弥陀如来 (南無阿弥陀仏)

型典
・釈迦如来が説かれた「浄土三部経」
『仏説生かりょうじゅうとう 『仏説観無量寿経』
『仏説阿弥陀経』

- ・宗祖 親鸞聖人が著述された主な聖教 『正信念仏偈』(『教行信証』 行巻本の偈文) 『正十九十八十八日』(『教行信証』 行巻本の偈文) 『声土和讃』『高僧和讃』『正像末和讃』
- ・中興の祖 蓮如上人のお手紙 『御文章』
- 教義 阿弥陀如来の本願力によって信心をめぐまれ、念仏を申す人生を歩み、この世の縁が尽きるとき浄土に生まれて仏となり、迷いの世界に還って人々を教化する。
- 生活 親鸞聖人の教えにみちびかれて、何弥陀如来のみ心を聞き、 念仏を称えつつ、つねにわが身をふりかえり、懺愧と歓喜のうちに、現世祈祷などにたよることなく、御恩報謝の生活を送る。
- にからない。 この 宗門 は、親鸞聖人の教えを仰ぎ、念仏を申す人々の集う に同朋教団であり、人々に阿弥陀如来の智恵と慈悲を伝える教団である。 それによって、自他ともに心豊かに生きることのできる社会の実現に貢献する。

#### **Jodo Shinshu Creed**

#### Jodo Shinshu no seikatsu shinjo 浄土真宗の生活信条

I take my refuge in the Vow of Amida Buddha. Reciting Namo-Amidabutsu, I shall live my life with strength and joy.

I revere the Light of Amida Buddha. I shall reflect upon my imperfect self and strive to live a life of gratitude.

I follow the Teachings of Amida Buddha. I shall share the True Dharma with others.

I rejoice in the Compassion of Amida Buddha. I shall respect and help others and do my best for the welfare of mankind.

#### **Jodo Shinshu Creed**

#### Jodo Shinshu no seikatsu shinjo 浄土真宗の生活信条

- 一. み仏の誓いを信じ 草いみ名をとなえつつ強く明るく生き抜きます
- 一. み仏の光をあおぎ 常にわが身をかえりみて感謝 のうちに励みます
- 一. み仏の教えにしたがい 正しい道を聞きわけてま ことのみのりをひろめます
- 一. み仏の恵を喜び 互いにうやまい助け合い社会 のために尽くします

Mihotoke no chikai wo shinji, tōtoi mina wo tonae tsutsu, tsuyoku akaruku ikinukimasu.

Mihotoke no hikari wo aogi, tsuneni wagami wo kaerimite, kansha no uchini hagemimasu.

Mihotoke no oshie ni shitagai, tadashii michi wo kikiwakete, makoto no minori wo hiromemasu.

Mihotoke no megumi wo yorokobi, tagaini uyamai tasukeai, shakai no tameni tsukushimasu.

#### **Three Treasures**

-The Threefold Refuge-

Leader: Hard it is to be born into human life. Now we are living it. Difficult it is to hear the Teaching of the Buddha. Now we hear them. If we do not seek the Truth of the Buddha-Dharma in this present life, in what life shall we find it? Let us reverently take refuge in the Three Treasures of the Truth.

Sangha: I take refuge in the Buddha. May we all together absorb into ourselves in the principle of The Way to Enlightenment and awaken in ourselves The Supreme Will.

I take refuge in the Dharma. May we all together be submerged in the depth of the doctrine and gain Wisdom as deep as the ocean.

I take refuge in the Sangha. May we all together become units in true accord in Your Life of Harmony, in a spirit of Universal Brotherhood, freed from the bondage of selfishness.

Leader: Even through myriads of kalpas, hard it is to hear such excellent and profound Teaching. Now we are able to hear and receive them. Let us thoroughly understand the true meaning of Tathagata's Teaching.

# 礼讃文 - 三帰依文 -

- 入身うけがたし、学すでに受く。私法聞きがたし、 学すでに聞く。この身子生にむかって度せずんば、 さらにいづれの生にむかってかこの身を度せん。 大衆もろともに至心にご宝に帰依したてまつるべし。
- みずから仏に帰依したてまつる。まさに願わくは 衆生とともに、大道を体解して無上意をおこさん。

みずから法に帰依したてまつる。まさに顧わくは 衆生とともに、ふかく経蔵に入りて智恵海のごと くならん。

みずから僧に帰依したてまつる。まさに願わくは 衆生とともに、大衆を統理して一切無碍ならん。

● 無上甚深微妙の法は、首竿方劫にもあい邁うことかたし。われ学覚聞し受持することをえたり。顧わくは如来の真実義を解したてまつらん。

# 礼讚文 Raisanmon - 三帰依文 Sankiemon -

- Ninjin ukegatashi, ima sudeni uku. Buppou kikigatashi, ima sudeni kiku. Kono mi konjou ni kukatte do sezunba, sarani izureno shō ni mukatte ka kono mi wo do sen. Daishū morotomoni shishin ni sanbō ni kie shi tatematsurubeshi.
- Mizukara butsu ni kie shi tatematsuru. Masani negawaku wa shujō to tomoni, daidō wo taige shite mujyōi wo okosan.

Mizukara hō ni kie shi tatematsuru. Masani negawaku wa shujō to tomoni, fukaku kyouzō ni irite chie umi no gotoku naran.

Mizukara sō ni kie shi tatematsuru. Masani negawaku wa shujyō to tomoni, daishū wa tōri shite issai muge naran.

Mujō jinjin mimyō no hō wa, hyaku sen man gou nimo ai ou koto katashi. Ware ima kenmonshi jyuji surukoto wo etari. Negawaku wa nyorai no shinjitsugi wo geshi tatematsuran.

#### Golden Chain

I am a link in Amida Buddha's golden chain of love that stretches around the world. I will try to keep my link bright and strong.

I will try to be kind and gentle to every living thing and protect all who are weaker than myself. I will try to think pure and beautiful thoughts, to say pure and beautiful words, and to do pure and beautiful deeds, knowing that what I do now determines my happiness and misery.

May every link in Amida Buddha's golden chain of love be bright and strong and may we all attain perfect peace.

### 領解文 Ryōgemon Creed

もろもろの雑行雑修自力のこころをふりすてて、一心に阿弥陀如来、われらが今度の一大事の後生、御たすけ候へとたのみまうして候ふ。たのむ一念のおさ、往生一定御たすけ治定と存じ、このうへの御は、御恩報と存じよろこびまうし候ふ。この御にとれり聴聞申しわけ候ふこと、御開山聖人(親鸞)御出世の御恩、次第相承の善知識のあさからへるとはとわりを聞きない。このうへは定めたかせらるる御掟、一期をかぎりまもりまうすべく候ふ。

Moromoro no zōgyō zasshu, jiriki no kokoro wo furi suttee isshin ni amida nyorai, warera ga kondo no ichidaiji no goshō, ontasuke sōrae to tanomi mōshite sōrō

Tanomu ichinen no toki, ōjō ichijō ontasuke jijō to zonji, kono ue no shōmyō wa, go'on hōsha to zonji, yorokobi mōshi sōrō.

Kono onkotowari chōmon mōshiwake sōrō koto, gokaisan shōnin goshusse no go'on, shidaisōjō no zenjishiki no asakarazaru gokannke no go'on to, arigataku zonji sōrō.

Kono ue wa sadame okaseraruru on'okite, ichigo wo kagiri, mamori mōsuheku sōrō

#### Translation I

We rely upon Amida Buddha with our whole heart for the enlightenment in the life to come, abstaining from all sundry practices and teachings, and giving up the trust in our imperfect self.

We believe that the assurance of birth comes at the very moment we entrust; and we recite the Nembutsu, Namo-Amidabutsu, in joy and gratitude for the Buddha's Compassion.

We also acknowledge greatfully the benign benevolence of our founder and succedding masters who have led us to believe in this profound teaching; and we do now endeavor to follow throughout our lives the Way laid down for us.

#### Translation II

Casting off the self-power mind of the sundry practices and disciplines, we single-mindedly entrust ourselves to Amida Tathagata to save us [in regard to] the birth that is to come [in the Pure Land], the most important matter.

We know that at the time of the one thought-moment of entrusting (tanomu ichinen), birth is assured; it is settled that we are saved. Once [we have realized this], we say the Name joyfully, in gratitude (hōsha) for [Amida's] benevolence.

We gratefully acknowledge that our hearing and understanding these truth is [due to] the benevolence of the founding master in having appeared in this world and to that of the good teachers (*zenchishiki*), his successors in the transmission [of the teaching], whose exhortations were not shallow.

Beyond this, we will observe the established rules of conduct (*on okite*) throughout our lives.

# 正信念仏偈 Shoshin Nembutsuge

親鸞聖人が『教行信証』行巻に、浄土真宗のみ教えを簡潔 に示された讃歌です。

阿弥陀さまのご本願を信じ、『仏説無量寿経』やインド・中国・日本の七人の高僧の導きによって、お念仏のみ教えにめぐり遇えた喜びを深く感謝されています。和讃は、『教行信証』のお心を和語(日本の言葉)で讃えられた歌です。

第八代蓮如上人は、正信念仏偈と和讃に念仏を加えて、浄 土真宗の勤行(おつとめ)と定められました。

Shoshin Nembutsuge (Hymn of True Entrusting Heart and the Nembutsu) was written by Shinran Shonin to encapsulate the teachings of Jodo Shinshu, and appears in the Chapter on Practice of his "Kyogyoshinsho" (The True Teaching, Practice, and Realization of the Pure Land Way). In it, Shinran Shonin declares his entrusting to the workings of Amida Buddha's Primal Vow, and expresses his joy and gratitude in being guided by the "Sutra of the Buddha of Immeasurable Light" and the seven eminent masters (patriarchs) of India, China, and Japan, to encounter the Nembutsu teaching. Wasan are poems of praise composed in Japanese that laud the intrinsic nature and significance of "Kyogyoshinsho."

The eighth generational head priest of the *Hongwanji*, *Rennyo Shonin*, added the chanting of the *Nembutsu* to *Shoshin Nembutsuge* and *Wasan*, prescribing that it be used for *Jodo Shinshu* services.

	) C Lead						
	きょう	みょう 人	むん	りょう	じゅ	にょ	511 +
1.	帰	印引	無	量引	寿	如	来引
	KI	<u>MYŌ</u>	MU	<u>RYŌ</u>	$\mathbf{JU}$	NYO	<u>RAI</u>
	Everyo	ne:			,	20	~ 3
	な南	血	ふ不	か可	し思	ぎ議	こう 光引
		無	•	•		_	
	NA	MO	FU	KA	SHI	GI	<u>KÖ</u>
	跃法	ぞう	き	さつ	いん	に	U.
	法	蔵	音	薩	因	位	時引
	ΗŌ	ZŌ	BO	SATSU	IN	NI	$\underline{\mathbf{\Pi}}$
	30	せ	Ľ	క్ర	おう	ぶっ	しょ
	在	世	自	在	王	14	所引
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	٤	けん	しょ	ぶつ	じょう	Ľ	いん
2.	覩	見	諸	仏	净	土	因引
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	こく	Ł	にん	でん	ι	ぜん	まく
	国	Ĭ	l L	天	Ž	盖	悪引
	. •	<u></u>	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\				
	KOKU	DO	NIN	DEN	SHI	ZEN	<u>MAKU</u>

I take refuge in the Tathāgata of Immeasurable Life! I entrust myself to the Buddha of Inconceivable Light! Bodhisattva Dharmākara, in his causal stage, Under the guidance of Lokeshvararāja Buddha,

Searched into the origins of the Buddhas' pure lands, And the qualities of those lands and their human beings and devas;

He then established the supreme, incomparable Vow; He made the great Vow rare and all-encompassing.

In five kalpas of profound thought, he embraced this Vow, Then resolved again that the Name be heard throughout the ten quarters. Everywhere the Buddha casts light immeasurable, boundless, Unhindered, unequaled light-lord of all brilliance,

4.	しょう 清 SHO	じょう 浄 JO	かん 歓 KAN	ぎ喜 GI	を とHI	え 慧 E	こう 光引 <u>KO</u>
	ょ 不 FU	だん 断 DAN	なん 難 NAN	じ思 ガ	が 無 MU	しょう 称 SHO	こう 光 引 <u>KO</u>
	ちょう 超 CHO	にち 日 NICHI	がっ 月 GAK	こう 光 – KO	しょう 照 SHŌ	じん 塵 JIN	せつ 刹引 <u>SETSU</u>
	IS –	切 - SAI	が 群 GUN	じょう 生 JO	が	光 KO	しょう 脱引 SHO
5.	版本 HON し至 SHI	が原 GAN しん SHIN	名 MYO い信 SHIN	ご号 GO ぎ楽 GYO	しょう SHO M願 GAN	は定りに為N	ご業 GO 以 J N

Pure light, joyful light, the light of wisdom,

Light constant, inconceivable, light beyond speaking,

Light surpassing sun and moon is sent forth, illumining countless worlds;

The multitudes of beings all receive this radiance.

The Name embodying the Primal Vow is the act of true settlement, The Vow of entrusting with sincere mind is the cause of birth;

	じょう 成 JO	とう 等 TO	がく 覚 GAKU	しょう 証 SHO	だい 大 DAI	ね 涅 NE	はん 槃引 <u>HAN</u>
	必 HIS -	至 - SHI	めつ 滅 METSU	ど度 DO	がん 原 GAN	じょう 成 JO	Un 就引 <u>JU</u> \
6.	にょ 如 NYO	が来 RAI	しょ 所引 <u>SHO</u> -		ci 興 KO	しゅっ 出 SHUS -	せ 世引 - <u>SE</u>
	呲 唑 YUI	せつ 説 SETSU	弥	だ 陀 DA	本 HON	がん 願 GAN	かい 海引 KAI
	五 GO	じょく <b>濁</b> JOKU	あく 悪 AKU	じ時 JI	でん 群 GUN	じょう 生 JO	かい 海引 KAI
	が応の	にん 信 SHIN	大口 NYO	杂 RAI	にょ 如 NYO 一	じつ 実 JITSU —	式 言引 GON

We realize the equal of enlightenment and supreme nirvana Through the fulfillment of the Vow of attaining nirvana without fail.

Shākyamuni Tathāgata appeared in this world Solely to teach the oceanlike Primal Vow of Amida; We, an ocean of beings in an evil age of five defilements, Should entrust ourselves to the Tathāgata's words of truth.

7.	のう 能 NO	い 発 HOTSU	ichi	ねん 念 NEN	き 喜 KI	か 爱 AI	しん 心引 <u>SHIN</u>
	ふ 不 FU	だん 断 DAN	瓜 煩 BON	のう 悩 NO	とく 得 TOKU	ね 涅 NE	はん 槃引 <u>HAN</u>
	EL 凡 BON	じょう 聖 JO	ぎゃく 逆 GYAKU	ぼう 誇 HO	ざい 斉 SAI	え 回 E	にゅう 入引 <u>NYU</u>
	た。 如 NYO	しゅ 衆 SHU	水 SHI	にゅう 入 NYŪ	が 海 KAI	ICHI	み 味引 <u>MI</u>
8.	st 扱 SES い 已 I	しゅ 取 SHU の能 NO	い心 SHIN shin sui	5光KO to破HA	い常 Do to 無 MU	SHO SHO SHO MYO	ご護引 GO ある AN

When the one thought-moment of joy arises,

Nirvana is attained without severing blind passions;

When ignorant and wise, even grave offenders and slanderers of the dharma, all alike turn and enter shinjin,

They are like waters that, on entering the ocean, become one in taste with it.

The light of compassion that grasps us illumines and protects us always;

The darkness of our ignorance is already broken through;

	とん 貪 TON	か 愛 NAI	い 順 SHIN	ぞう 憎 ZŌ	之 SHI	うん 雲 UN	む 霧引 <u>MU</u>
		·章 - <b>g</b> - FU	い 真 SHIN	じっ 実 JITSU	に 信 SHIN		てん 天引 <u>TEN</u>
9.	o 譬 HI	た。 如 NYO		こう 光 _ KO		うん 雲 UN	む 霧引 <u>MU</u>
	うん 雲 UN			げ 下 GE		• 無 - MU	<u>AN</u>
C	ぎゃく 獲 GYAKU	信	見	きょう 敬 KYŌ	大	きょう 慶 KYO	き 喜。 <u>KI</u>
:	そく 即 SOKU	横〇	ちょう 超 CHO	ぜつ 截 ZETSU	五 GO	あく 悪 AKU	しゅ 趣引 SHU

Still the clouds and mists of greed and desire, anger and hatred, Cover as always the sky of true and real shinjin.

But though the light of the sun is veiled by clouds and mists, Beneath the clouds and mists there is brightness, not dark. When one realizes shinjin, seeing and revering and attaining great joy, One immediately leaps crosswise, closing off the five evil courses.

		ぜん 善 ZEN	まく 悪 MAKU		美 BU	にん 人引 <u>NIN</u>
bん 開 MON	信 SHIN	如 NYO	杂 RAI	ぐ 弘 GU	ぜい 誓 ZEI	がん 願引 <u>GAN</u>
ぶっ 仏 BUTSU		こう 広 KO		しょう 勝 SHO		しゃ 者引 <u>SHA</u>
世 足 Œ	にん 人 NIN	みょう 名引 <u>MYO</u>	sh 分 FUN		り 利 RI	ゖ 華 <u>KE</u>
11弥	だ陀	弘仏	瓜本	が続願	加念	公司
MI 比* TA	DA けん 見 KEN	BUTSU きょう 憍 KYO	HON まん 慢 MAN	GAN なく 悪 NAKU	NEN しゅ 衆 SHU	BUTSU じょう 生引 JO

All foolish beings, whether good or evil,

When they hear and entrust to Amida's universal Vow,

Are praised by the Buddha as people of vast and excellent understanding;

Such a person is called a pure white lotus.

For evil sentient beings of wrong views and arrogance,

The nembutsu that embodies Amida's Primal Vow

は信 SHIN なん 難 NAN	ぎょう 楽 GYO ちゅう CHO	じゅ 受IU し之 SHI	じ持 JI W難 NAN	い	に以 NI か過 KA	な難引 NAN し斯引 SHI
いん 12. 印 IN	ど 皮 DO	ざい 西 SAI	てん 天 TEN	し 之 SHI	るん 論 RON	げ 家引 <u>GE</u>
ちゅう 中 <sub>引</sub> <u>CHU</u>	か 夏引 KA	じち 日 引 <u>JICHI</u>	いき 域引 <u>IKI</u>	し 之 SHI	こう 高 KO	そう 僧引 <u>SO</u>
けん 顕 KEN	大 DAI	しょう 聖 SHO	こう <del>興</del> KO	世 SE	しょう 正 SHO	い 意引 I
みょう 明 MYO	如 NYO	杂 RAI	本 HON	が 誓 ZEI	が応の一	き 機引 <u>KI</u>

Is hard to accept in shinjin;

This most difficult of difficulties, nothing surpasses.

The masters of India in the west, who explained the teaching in treatises, And the eminent monks of China and Japan,

Clarified the Great Sage's true intent in appearing in the world,

And revealed that Amida's Primal Vow accords with the nature of beings.

l* 13. 釈	か	いか	弥来	りょう 楞	が伽	此引
SHA	KA	NYO	RAI	RYŌ	GA	<u>SEN</u>
以 為引 I	しゅ 衆引 <u>SHU</u>	ゴ 告ョ <u>GO</u>	みょう 命引 <u>MYO</u>	が 南 NAN	てん 天 TEN	じく 竺 引 <u>JIKU</u>
的 能 RYU	じゅ 樹 JU	だい 大引 <u>DAI</u> -	υ - 士 - л	出 SHUT	於 - TO	世引 SE
い 悉 SHITSU	のう NO	が 摧 ZAI	t W HA	う有 U —	が 無 MU	けん 見引 <u>KEN</u>
tů 14. 宣 SEN 2 しょう 証 SHO	ぜ説 ZETSU M W KAN	加大 DAI ぎ喜 GI	じ乗力 じ地川	む無 MU によう SHO	じ上 JO あ安 AN	Eii 法引 HO 6公 楽引 RAKU

Shākyamuni Tathāgata, on Mount Lankā, Prophesied to the multitudes that in south India The mahasattva Nāgārjuna would appear in this world To crush the views of being and non-being;

Proclaiming the unexcelled Mahayana teaching, He would attain the stage of joy and be born in the land of happiness.

	けん 日石	じ示	なん せん	ぎょう イニ	が陸	る路	く苦引
	顕		難	-			
	KEN	Л	NAN	GYŌ		RO	<u>KU</u>
	しん		la .	ぎょう	Lh	どう道	5,4
	信	楽	易	行	水	道	樂引
	SHIN	GYŌ		GYŌ	SHI	DŌ	<b>RAKU</b>
	おく	ねん	み	だ	ぶつ	ほん	がん
15	暗	总	弥	陀	14	木	願引
13	OKU	NEN	MI	DA			
	じム				にゅう		
	•	然引	即引		入		
	<u>Л</u>	<u>NEN</u>	<u>SOKU</u>			HITSU	<u>JŌ</u>
	<b>M</b>	のう	じょう	しょう	たよ	611	ごう
	唯	能	常	称	如	来	号引
	YUI	NŌ	JŌ	SHŌ	NYO		
		ほう	だい	V.	<	ぜい	おん
	応	報	大引	- 悲	弘	誓	恩引
	Ō	HŌ	DAI -		GU	ZEI	<u>ON</u>
							_

 $N\bar{a}g\bar{a}rjuna$  clarifies the hardship on the overland path of difficult practice,

And leads us to entrust to the pleasure on the waterway of easy practice.

He teaches that the moment one thinks on Amida's Primal Vow,

One is naturally brought to enter the stage of the definitely settled; Solely saying the Tathāgata's Name constantly,

One should respond with gratitude to the universal Vow of great compassion.

てん 16. 天 TEN	じん 親 JIN	E BO	さっ 薩 SATSU	芒 ZO	み 論 RON	せつ 説引 <u>SETSU</u>
き 帰 KI	みょう 命 MYO	が 無 MU	げ GE	こう 光 KO	た。 如 NYO	sis 来引 <u>RAI</u>
· 依 E	lp 修 SHU	た 多 TA	系 RA	けん 顕 KEN	点 SHIN	い 実引 <u>JITSU</u>
こう 光 KO	せん 聞 SEN	横〇	ちょう 超 CHO	だい 大 DAI	が 誓 SEI	がん 願引 <u>GAN</u>
こう 17. 広る <u>KO</u>	n- 由 — YU	th 本 HON	がん 原 GAN	りき 力 RIKI	え 回 E	こう 向引 KO
い 為 I	ど度 DO	が 群 GUN	じょう 生 JO	しょう 彰 SHO	- IS -	しん 心引 - <u>SHIN</u>

Bodhisattva Vasubandhu, composing a treatise, declares That he takes refuge in the Tathāgata of unhindered light, And that relying on the sutras, he will reveal the true and real virtues, And make widely known the great Vow by which we leap crosswise beyond birth-and-death.

He discloses the mind that is single so that all beings be saved By Amida's directing of virtue through the power of the Primal Vow.

帰	にゅう 入	〈功	どく 徳	だい 大	떬宝	海引
KI	NYŪ	KU	DOKU	DAI	HŌ	KAI
か 必 HITSU	ぎゃく 獲 GYAKU	にゅう 入 J NYŪ	大 DAI	え会 E	い。 衆 SHU	しゅ 数引 SHU
とく 18. 得 TOKU	し 至 SHI	れん 蓮 REN	げ 華 GE	ぞう 蔵 ZO	世 SE	かい 界引 <u>KAI</u>
そく 関内 SOKU	しょう 証 SHO	い 真 SHIN	た。 如 NYO	法 HOS	しょう 性 – SHO	じん 身引 <u>JIN</u>
竣 YU	ばん 煩 BON	のう 悩 NO	りん 林 RIN	现 GEN	じん 神 JIN	が 通引 <u>ZU</u>
にゅう 入 NYŪ	生 SHŌ	じ 死 II	おん 園 ON	じ示 <sub>用</sub>	お応の	げ 化引 <u>GE</u> \

When persons turn and enter the great treasure-ocean of virtue, Necessarily they join Amida's assembly;

And when they reach that lotus-held world,

They immediately realize the body of suchness or dharma-nature.

Then sporting in the forests of blind passions, they manifest transcendent powers;

Entering the garden of birth-and-death, they assume various forms to guide others.

ほん 19. 本 HON	し 師 SHI	とん 曇 DON	らん 鸞 RAN	りょう 梁 RYŌ	てん 天 TEN	子引 SHI
じょう 常 JO	こう 向 KO	らん 鶯 RAN	しょ 処 SHO	E 菩 BO	さっ 薩 SATSU	らい 礼引 <u>RAI</u>
さん 三 SAN	ぞう 蔵 ZO	る 流 RU	支 SHI	じゅ 授 JU	じょう 浄 JO	きょう 教引 <u>KYO</u>
妖 BON	じょう 焼 JO	せん 仏 SEN	ぎょう 経 GYŌ	き 帰 KI	終 楽 RAKU	ほう 邦引 <u>HO</u>
てん 20. 天 TEN	じん 親 JIN	居 菩 BO	さつ 薩 SATSU	るん 論 RON	ちゅう 註 CHU	げ解引 GE
ほう 報 HO	土 DO	以 因 IN	が 果 GA	けん 顕 KEN	せい 誓 SEI	がん 願引 <u>GAN</u>

Turning toward the dwelling of Master T'an-luan, the Emperor of Liang

Always paid homage to him as a bodhisattva.

Bodhiruci, master of the Tripiṭaka, gave T'an-luan the Pure Land teachings,

And T'an-luan, burning his scriptures on immortality, took refuge in the land of bliss.

In his commentary on the treatise of Bodhisattva Vasubandhu,

He shows that the cause and attainment of birth in the fulfilled land lie in the Vow.

おう	戏逻	回	ら向い	由	他	りき 力 引
O しょう 正	GEN じょう 定	NE し之	KŌ いん ET	YU 咖啡 唯	TA い信	
SHO	JO	SHI	因 IN	YUI	75 SHIN	い。 JIN
<b>わく</b>	ぜん	ぼん	<b>&gt;</b> *	LL	じん	ぽつ
21. 惑 WAKU	染	凡 BON	夫 BU	信 SHIN	JIN	発引 POTSU
しょう	5	しょう生引	ľ	そく	ね涅	はん製引
<u>SHO</u> -	- CHI	SHO -	– Л	SOKU	NE	HAN
必必	至	か無	りょう	光	明	上引
HI — La	う	MU しゅ	RYŌ じょう	KO me	MYO 普	DO 17
諸引 SHO		衆 SHU	生 JO	皆 KAI	普 FU	化引 <u>KE</u>

Our going and returning, directed to us by Amida, come about through Other Power;

The truly decisive cause is shinjin.

When foolish beings of delusion and defilement awaken shinjin,

They realize that birth-and-death is itself nirvana;

Without fail they reach the land of immeasurable light

And universally guide sentient beings to enlightenment.

Tao-ch'o determined how difficult it is to fulfill the Path of Sages,

And reveals that only passage through the Pure Land gate is possible for us.

He criticizes self-power endeavor in the myriad good practices,

And encourages us solely to say the fulfilled Name embodying true virtue.

With kind concern he teaches the three characteristics of entrusting and non-entrusting,

Compassionately guiding all identically, whether they live when the dharma survives as but form, when in its last stage, or when it has become extinct.

is IS と至 SH	め、 安引	ぞう造 ZO によう NYO	が悪 AKU M界 GAI	ち値 CHI い証 SHO	ぐ弘 GU みょう 好の	が誓正か果る KA
24. 善 ZEI	- 導引 N <u>DO</u>	どく 独 DOKU	みょう 明引 MYO	ぶっ 仏 BUS	しょう 正 – SHO	意引
Eve 於 KO	•	じょう 定 JO	さん 散 SAN	与 YO	ぎゃく 逆 GYAKU	あく 悪引 <u>AKU</u>
こう 光 KO	,明 MYO	みょう 名 MYO	でラ GO	けん 顕 KEN	以 因 IN	知从 縁引 <u>NEN</u>
	にゅう 引 <b>- 入</b> [ — NYŪ	本 HON	がん 願 GAN	だい 大引 DAI	- 智 - CHI —	が 海引 <u>KAI</u> 一

Though persons have committed evil all their lives, when they encounter the Primal Vow,

They will reach the world of peace and realize the perfect fruit of enlightenment.

Shan-tao alone in his time clarified the Buddha's true intent;

Sorrowing at the plight of meditative and non meditative practicers and people of grave evil,

He reveals that Amida's light and Name are the causes of birth.

When practicers enters the great ocean of wisdom, the Primal Vow,

<u>GYŌ</u>	– JA き  • 喜	<u>SHŌ</u> -	- JU ねん 念	KON そう 相	GŌ	SHIN ご
よ 与引 YO そく	は幸工しょう	が提 DAI	とう 等 TO	ぎゃく 獲 GYAKU	さん 三 SAN じょう	にん 忍引 NIN
SOKU BA	証 SHO 一	法 HOS -	性 - SHO -	之	常 JO —	樂引
26. 源 GEN へん	SHIN *	広 KO あん	KAI にょう	ー ICHI かん 勧	代 DAI いっ 一	教引 <u>KYO</u> さい

They receive the diamondlike mind

And accord [with the Vow] in one thought-moment of joy; whereupon, Equally with Vaidehī, they acquire the threefold insight

And are immediately brought to attain the eternal bliss of dharmanature.

Genshin, having broadly elucidated the teachings of Shākyamuni's lifetime.

Wholeheartedly took refuge in the land of peace and urges all to do so;

地車	ぞう 杂住	いめ	ん心	判	找	じん 深引
SEN	ZŌ	SHŪ	SHIN	HAN	SEN	JIN
報	せ化	に二	ど土	しょう 正	が弁	りゅう 立 <sub>引</sub>
HÖ	KE	NI	DO	SHŌ	BEN	RYU
_						
ごく 27. 極 GOKU		ぁく 悪 AKU	にん 人 NIN	啦 YUI	しょう 称 SHO	ぶっ 仏引 <u>BUTSU</u>
が 我 GA	ゃく 亦 YAKU		• 彼 – HI	摂 SES -	しゅ 取 - SHU	ちゅう 中引 CHU
版 煩 BON	のう 悩 NO	しょう 障 SHO	げん 眼 GEN	すい 雖 SUI	不 FU	ル 見引 <u>KEN</u>
だい 大引 <u>DAI</u> -	ゥ - 悲 - 田	せ 無 MU	此 倦 KEN	じょう 常 JO	に い SHO	が 我引 <u>GA</u>

Ascertaining that minds devoted to single practice are profound, those to sundry practice, shallow,

He sets forth truly the difference between the fulfilled land and the transformed land.

The person burdened with extreme evil should simply say the Name: Although I too am within Amida's grasp,

Passions obstruct my eyes and I cannot see the light;

Nevertheless, great compassion is untiring and illumines me always.

趴 28. 本		旅源	く空	みょう	仏	きょう教引
HON	SHI	GEN		MYŌ		- <u>KYŌ</u>
nh 憐 REN				凡	夫 BU	人引
い 真 SHIN	宗	教	しょう 証 SHO	興	片	州引
战 SEN			がん 願 GAN		が、 悪 AKU	世 引 SE 一
決	RAI ち 以	疑	- 川 に情	為	い新	止引
KET-	- CHI	GI	JŌ	I	SHO	<u>SHI</u>

Master Genkū, well-versed in the Buddha's teaching, Turned compassionately to foolish people, both good and evil; Establishing in this remote land the teaching and realization that are the true essence of the Pure Land way,

He transmits the selected Primal Vow to us of the defiled world: Return to this house of transmigration, of birth-and death, Is decidedly caused by doubt.

铁速	にゅう 入	じゃく	じょう 静	む無	い為	らく 楽引
		JAKU		MU	I	RAKU
必 HIT -	以 - CHI	信 SHIN	NIN 3	I	能引 <u>NO</u>	にゅう 入引 <u>NYU</u> 一
で 30. 子ム GU	きょう 経引 <u>KYO</u>	だい 大引 <u>DAI</u>	г Т	ー 宗引 SHO	に 師 SHI	い 等別 TO
じょう 拯る	済引	か無	へん 辺引	ごく 極引 <u>GOKU</u>	じょく 濁引	きな悪引
道。	俗引   <u>ZOKU</u>	時 Ⅱ	衆引 <u>SHU</u>	ぐ 共 GU	同 <sub>引</sub> <u>DO</u>	心引 SHIN
唯		に 信 SHIN		こう 高 KO	そう 僧 SO	説 SET <u>SU</u> —/ O

Swift entrance into the city of tranquility, the uncreated, Is necessarily brought about by shinjin.

The mahasattvas and masters who spread the sutras Save the countless beings of utter defilement and evil. With the same mind, all people of the present, whether monk or lay, Should rely wholly on the teachings of these venerable masters.

### 初重 ●





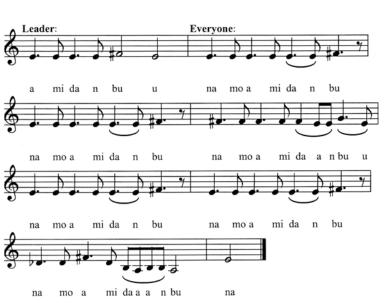
Amida has passed through ten kalpas now Since realizing Buddhahood; Dharma-body's wheel of light is without bound, Shining on the blind and ignorant of the world. 



The light of wisdom exceeds all measure, And every finite living being Receives this illumination that is like the dawn, So take refuge in Amida, the true and real light.









The liberating wheel of light is without bound;

Each person it touches, it is taught,

Is freed from attachments to being and nonbeing,

So take refuge in Amida, the enlightenment of nondiscrimination.







The cloud of light is unhindered, like open sky;

There is nothing that impedes it.

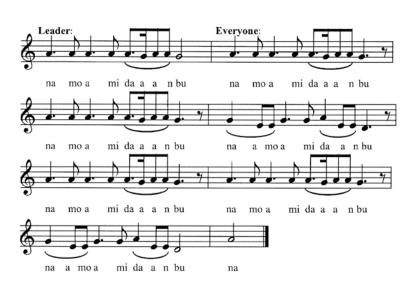
Every being is nurtured by this light,

So take refuge in Amida, the one beyond conception.











The light of purity is without compare.

When a person encounters this light,

All bonds of karma fall away;

So take refuge in Amida, the ultimate shelter.







The Buddha's light is supreme in radiance; Thus Amida is called "Buddha, Lord of Blazing Light." It dispels the darkness of the three courses of affliction, So take refuge in Amida, the great one worthy of offerings.



May we share these virtues Equally with one and all beings, And together attaining Birth in the land of peace.

## 讚仏偈 Sanbutsuge

『仏説無量寿経』の上巻にある讃歌です。

はるかな昔に仏となられた阿弥陀さまは、すべての苦悩の 人々を救うため法蔵菩薩として現れ、師の世自在王仏のご 説法とその光り輝くお姿を讃え、自らも智恵と慈悲にあふ れた仏になりたいと願われました。

そして、すべての人々をさとりの岸へわたすまでは、たと え苦難の毒の中に沈もうとも、決して後悔することはない、 と誓われています。

Sambutsuge (Verses in Praise of the Buddha) appears in the first volume of the "Sutra on the Buddha of Immeasurable Life."

In this *gatha*, *Bodhisattva Dharmakara*, who became *Amida Buddha* in the beginningless past, praises the discourse on the Dharma and the brilliantly majestic appearance of his teacher, *Buddha Lokesvararaja*. *Bodhisattva Dharmakara* expresses his desire to become a *Buddha* overflowing with wisdom and compassion.

Further, he vows that he will save all beings who are suffering in the world of delusion, enabling them to cross over to the other shore, having no regret, even if it would mean sinking in to the poisonous swamp of suffering and pain himself. O Leader: Everyone: こう げん じん r. 顏 GEN GΙ GI MU GOKU Ι ЛN えん にょ ぜ みょう む ょ とう 是 与 如 焰 眀 NYO ZE EN MYŌ MU YO ΤŌ SHA えん にょう こう にち がつ ま に しゅう 尼 光 F 珠 焰 耀 E NI SHŪ ΚŌ ΥŌ NICHI GATSU MA EN かい おん ~\b Ø にゃく じゅ もく 猶 KAI SHITSU ON PEI YU NYAKU JU MOKU にょ 513 よう げん ちょう せ 也 りん ΥŌ **GEN** CHŌ SE NYO RAI MU RIN る しょう がく だい おん こう じっ ぼう SHŌ GAKU DAI ON ΚŌ RUЛР — PŌ

Your radiant countenance is majestic, And your dignity is boundless. Radiant splendor such as yours Has no equal.

Even the blazing light of The sun, moon, and mani-jewels Is completely hidden and obscured, And looks like a mass of black ink-sticks.

The countenance of the Tathagata
Is unequaled in the world;
The great voice of the Perfectly Enlightened One
Resounds throughout the ten quarters.

じん まい 胃 進 KAI MON SHŌ ЛN SAN MAI Ε とく ba te りょ しゅ しょう け 威 徳 侶 勝 希 I TOKU MU RYO SHU SHŌ KE U じん ぜん ぶつ ほう たい ねん かい しょ 法 5. ЛN TAI SHO BUTSU HŌ ZEN NEN KAI のう じん じん क्रार्थ たい ۲, ζ 涯 TAI GU ЛN ЛN NŌ KU GAI GO よく せ そん よう む みょう ል 明 永 無 MU MYŌ YOKU SE SON ΥŌ MU にん じん とく tr りょう Ø 雄 師 砷 NO NIN SHI RYŌ SHIЛN TOKU MU

Your observance of precepts, learning, diligence, Meditation, and wisdom—
The magnificence of these virtues is peerless, Excellent and unsurpassed.

Deeply and clearly mindful
Of the ocean of the Dharma of all Buddhas,
You know its depth and breadth,
And reach its farthest end.

Ignorance, greed, and anger Are completely absent in the World-honored One; You are a lion, the most courageous of all humans, Having immeasurable majestic virtues.

Your meritorious accomplishment is vast, And your wisdom is deep and supreme; The majestic glory of your light Shakes the great thousand worlds.

I vow to become a Buddha, Equal to you, the most honored King of the Dharma, And to bring sentient beings from birth-and-death To the final attainment of emancipation.

My practice of giving, self-discipline, Observance of precepts, forbearance, diligence, And also meditation and wisdom Shall be unsurpassed.

此 GYŌ SHI SEI TOKU BUTSU ¢ ð だい 懼 大 IS - SAI KU DAI せん け L ぶつ ひゃく のく まん 11. KE SHI U BUTSU HYAKU SEN NOKU MAN りょう だい じゃ しょう にょ しゅ 如 恒 RYŌ DAI SHŌ NYO Ç よう さい とう しょ ぶつ 130 養 KU ΥŌ IS - SAI ΤŌ SHO BUTSU どう しょう にょ けん 渞 如 正 不 NYO DŌ SHŌ FU GYAKU KEN

I resolve that, when I become a Buddha, I will fulfill this vow in every possible way, And to all beings who live in fear I will give great peace.

Even though there are Buddhas As many as a thousand million kotis, Or countless great sages As many as the sands of the Ganges,

I will make offerings
To all these Buddhas;
Nothing surpasses my determination
To seek the Way steadfastly and untiringly.

Even though there are Buddha-worlds As many as the sands of the Ganges, And also innumerable lands Beyond calculation,

My light shall illumine
All of these lands;
I will make such efforts
That my divine power may be boundless.

When I become a Buddha,
My land shall be the most exquisite;
People there shall be unrivaled and excellent
And my seat of enlightenment shall be beyond compare.

My land shall be like nirvana, Being supreme and unequaled. Out of compassion and pity, I will bring all to emancipation.

Those who come from the ten quarters Shall rejoice with pure hearts; Once they reach my land, They shall dwell in peace and happiness.

May you, the Buddha, be my witness And attest to the truthfulness of my resolution. I have thus made my aspiration; I will endeavor to fulfill it.

The World-honored Ones in the ten quarters Have unimpeded wisdom; May these honored ones Always know my intentions.

Even if I should be subjected to All kinds of suffering and torment, Continuing my practice undeterred, I would endure it and never have any regrets.

### Leader:

NA MAN DA BU

#### Everyone:

#### Leader:

M に し く とく 願 以 此 功 徳 GAN NI SHI KU DOKU とう に だい しん 同発 菩提 心 DŌ HOTSU BO DAI SHIN

#### Everyone:

びょう どう せいっさい 平等施一切 BYŌ DŌ SE IS - SAI おうじょう あん らっこく 往生安楽国 Ō JŌ AN RAK-KOKU

May we share these virtues Equally with one and all beings, And together attaining Birth in the land of peace.

### 重誓偈 Juseige

『仏説無量寿経』の上巻にある讃歌です。

はるかな昔に仏となった阿弥陀さまは、すべての苦悩の 人々を救うため法蔵菩薩として現れ、世に超えた四十八の 願い(ご本願)をおこされました。

そして、心貧しく苦しみ悩む人々を迷いの海から救い出し、 南無阿弥陀仏の名号にこめられた心を伝えることができな ければ、決して仏にはならないと、重ねて誓われています。

Juseige (Verses Reiterating the Vows) appears in the first volume of the "Sutra on the Buddha of Immeasurable Life."

*Bodhisattva Dharmakara*, who became *Amida Buddha* in the beginningless past, appears and sets forth his all-surpassing Forty-Eight Vows with which to save all beings, and promises to fulfill them all without fail.

This *gatha* is so named because *Amida Buddha* reiterated in his Vows, that should all beings wallowing in the sea of delusion not be saved and that should there be any place that his Name, *Namo-Amidabutsu*, not be heard, he will not attain *Buddhahood*.

OLeader: Evervone: がん ひっ GA GON CHŌ SE HIS -SHI JŌ がん まん じょう しょう 正 SHI GAN FU MAN ZOKU JŌ SHŌ GAKU りょう が お む だい 為 GA O MU RYŌ ΚŌ Ι DAI SE SHŪ さい びん ζ\* じょう しょう SAI SHO BIN SHŌ GAKU じょう ぶつ どう みょう しょう GA SHI JŌ BUTSU DŌ MYŌ SHŌ CHŌ KU KYŌ MI SHO MON SEI — FU JŌ SHŌ GAKU

> I have established the all-surpassing vows And will unfailingly attain supreme enlightenment. If these vows should not be fulfilled, May I not attain perfect enlightenment.

> If, for countless kalpas to come, I should not become a great benefactor And save all the destitute and afflicted everywhere, May I not attain perfect enlightenment.

When I have fulfilled the Buddha-way, My name shall pervade the ten quarters; Should there be any place it is not heard, May I not attain perfect enlightenment.

よく じん しょう ねん じょう 欲 深 正 浄 行引 RI YOKU ЛN SHŌ JŌ Ε SHŪ BON ۲\* む じょう どう ķ3 てん にん 求 上 道引 為 無 天 GU JŌ SHI MU <u>DŌ</u> Ι SHO TEN NIN <u>SHI</u> だい じん りき えん こう さい ど ż しょう 演 大 光引 無 際 土引 5. RIKI EN DAI FU ЛN ΚŌ SHŌ MU SAI DO しょう じょ さん ¢ みょう さい しゅ やく なん 除 垢 冥引 済 衆 Ξ 難引 消 厄 KU SHŌ JO SAN MYŌ ΚŌ SAI SHU YAKU NAN こん かい S ち え げん めっ あん 彼 開 眼引 滅 此 闇引 6. KAI MES -SHI KON НІ CHI Ε GEN ~10 そく あく どう 寒 道引 通 趣 HEI SOKU SHO AKU DŌ TSŪ DATSUZEN SHU MON

> Freed from greed and with deep right-mindedness And pure wisdom, I will perform the sacred practices In pursuit of supreme enlightenment, And become the teacher of devas and humans.

Emitting a great light with my majestic power, I will completely illuminate the boundless worlds; Dispelling, thereby, the darkness of the three defilements, I will deliver all beings from suffering and affliction.

Having acquired the eye of wisdom, I will remove the darkness of blind passions; Blocking the path to the evil realms, I will open the gate to the good realms.

When my practice and merits are fulfilled,

My majestic brilliance shall reach everywhere in the ten quarters,

Outshining both the sun and the moon;

Even the heavenly lights shall be hidden and obscured.

For the sake of all beings I will open forth the Dharma-store And universally bestow its treasure of virtue upon them.

Among the multitudes of beings

I will always preach the Dharma with a lion's roar.

Making offerings to all the Buddhas,

I will acquire all the roots of virtue;

With my vows fulfilled and wisdom perfected,

I will be the hero of the three worlds.

碍 通達 不照引 10. 如 仏 TSŪ DATSU MI NYO BUTSU MU GE CHI え 力引 此 最勝尊引 願 功 GAN GA E RIKI ΤŌ SHI SAI SHŌ KU がん にゃっ こっ だい せん かん どう おう 11. 斯 大千応 感 動引 願 SHI GAN NYAK-KO-KA DAI SEN Ō KAN DŌ とう しょ てん にん う ちん みょう 諸 天 雨 KO KU SHO TEN NIN ΤŌ CHIN MYŌ KE 🔾

Like your unimpeded wisdom, O Buddha Lokeśvararāja, My wisdom shall reach everywhere and illuminate all; May the power of my virtue and wisdom Be equal to that of yours, O Most Honored One.

If these vows are to be fulfilled, The great thousand worlds will shake in accord, And, from the sky, all the devas Will rain down rare and wondrous flowers.

# Leader:

本 本 本 所 NA MAN DA BU 本 新 NA MAN DA BU 本 和 NA MAN DA BU 本 NA MAN DA BU

#### Everyone:

本ーまーんだが 本無阿 NA MAN DA BU 本無阿 NA MAN DA BU 本南 MA MAN DA BU NA MAN DA BU

#### Leader:

M K U DOKU M KU DOKU Ein En th しん Ein 発 菩 提 心

DŌ HOTSU BO DAI SHIN

#### Everyone:

びょうどうせいっさい 一切 BYO DO SE IS-SAI おうじょう あんらっこく 在安楽国 O JO AN RAK-KOKU

 $\mathbf{O}$ 

May we share these virtues Equally with one and all beings, And together attaining Birth in the land of peace.

### 十二礼 Junirai

インドにお生まれになった七高僧の第一祖・龍樹菩薩がつ くられた讃歌で、讃嘆礼拝の心が十二回繰り返されていま すので、「十二礼」と呼ばれています。

阿弥陀さまの尊いお姿や、すべての人々を慈しみはぐくんで、思いのままに救済されるお徳と、そのお浄土の聖者がたや美しいお荘厳(ありさま)を讃えられ、人々とともにお浄土に生まれさせていただき、その喜びを共にしたいと願われています。

*Junirai* (*Twelve Adorations*) was composed by *Nagarjuna*, the first of the seven masters of *Jodo Shinshu*. Since he repeatedly praises and expresses his reverence of *Amida Buddha* twelve times, it is thus named.

Nagarjuna lauds the beauty, grandeur, and preciousness of the Pure Land which manifests the virtues of *Amida Buddha*, and expresses the desire to be born in the Pure Land. *Amida Buddha*'s aspiration is to save all beings and enable them to attain birth in the Pure Land.

0	OO Leader:									
	けい	しゅ	てん	にん	しょ	ζ.	ぎょう			
1.	稽	首	天	人	所	恭	故			
	KEI	SHU	TEN	NIN	SHO	KU	GYŌ			
	Every	one:								
	あ	み	だ	せん	りょう	ぞく	そん			
	阿	弥	陀	仙	両	足	尊			
	A	MI	DA	SEN	RYŌ	ZOKU	SON			
	20	O	み	めう	あん	50	こく			
	在	彼	微	妙	安	楽	国			
	ZAI	НІ	MI	MEU	AN	RAK-	KOKU			
	t	りょう	ぶっ	L	しゅ	ka.	ねう			
	無	量	仏	子	衆	进	繞			
	MU	RYŌ	BUS -	- SHI	SHU	I	NEU			
	こん	じき	しん	じょう	にょ	せん	のう			
2.	金	色	身	浄	如	山	王			
-	KON	ЛКІ	SHIN	ìÒ	NYO	SEN	NŌ			
	しゃ	ま麻	たん	ぎょう イニ	にょ	ぞう 会	ぶ止			
	者	孚	他	打	如	豕	グ			
	SHA	MA	TA	GYŌ	NYO	ZŌ	BU			

With reverence I bow my head to Amida, the Sage,

The Most Honored One, who is revered by humans and devas.

You dwell in the wonderful Land of Peace,

Surrounded by innumerable Bodhisattvas.

Your spotless golden body is like Sumeru, the king of mountains; Your steps while you are absorbed in Shamatha are like an elephant's;



Your eyes are as pure as blue lotus-flowers.

Hence, I prostrate myself to Amida.

Your face is in perfect shape and serene like the full moon;

Your majestic light shines like a thousand suns and moons put together;

Your voice sounds like a heavenly drum or a cuckoo.

Hence, I prostrate myself to Amida.

4.	かん	のん	ちょう	だい	妣	ちう	じう
	観	音	頂	戴	冠	中	住
	KAN	NON	CHŌ	DAI	KAN	CHIU	JIU
	しゅ	じゅ	めう	そう	ぼう	しょう	ごん
	種	種	妙	相	宝	荘	厳
	SHU	JU	MEU	SO	HO	SHO	GON
	のう	ばく	げ	どう	ま	けう	まん
	能	伏	外	道	魔	憍	慢
	NO	BUKU	GE	DO	MA	KEU	MAN
	さ 故 KO	が 我 GA	ちょう 頂 CHO	弘 和 RAI	弥 MI	だ 陀 DA	そん 尊 SON
5.	も	び	が	く	こう	しょう	じょう
	無	比	無	垢	広	清	浄
	MU	BI	MU	KU	KO	SHO	JO
	lゅ 衆 SHU	とく 徳 TOKU	けう 皎 KEU	か 潔 KETSU	た。 如 NYO	虚 KO	〈 空 KU

You reside in the crown which Kannon wears on his head;

Your excellent features are adorned with jewel-ornaments;

You destroy anti-Buddhist views, devilish thoughts and conceited ideas.

Hence, I prostrate myself to Amida.

Incomparable, spotless, broad and pure Is your virtue; it is serene and clear like space.

	い所	作	利	が益	と得	じ自	され
	SHO	SA	RI	YAKU	TOKU	Л	ZAI
	さ故	が我	ちょう 頂	礼	弥	だ陀	そん尊
	ко	GA	СНО	RAI	MI	DA	SON
6.	十		みょう 名 MYO	閗	ぼ 菩 BO	さっ 薩 SAS —	しゅ 衆 SHU
	が 無 MU		は諸	ま魔	じょう 常 JO		だん歎
	い 為 I		しゅ 衆 SHU	生		りき 力 RIKI	
	さ 故 KO	が 我 GA	ちょう 頂 CHŌ	が礼 RAI	弥 MI	だ 陀 DA	そん 尊 SON

You have attained freedom in giving benefit to beings. Hence, I prostrate myself to Amida.

Bodhisattvas in your Land, renowned everywhere in the ten directions.

Are always glorified even by innumerable maras;

You dwell with the Vow-Power for the sake of all sentient beings. Hence, I prostrate myself to Amida.

7.	こん 金 KON	たい 底 TAI	ぼう 宝 HO	けん 間 KEN	步 池 CHI	しょう 生 SHO	け 華 KE
	抵善 EN	記 根 GON	しょ 所 SHO	じょう 成 JO	めう 妙 MEU	が 台 DAI	ざ 座 ZA
	お於の	o 他 HI	ざ 座 ZA	じょう 上 JO	た。 如 NYO	出 SEN	のう 王 NO
	さ 故 KO	が 我 GA	ちょう 頂 CHO	礼 RAI	弥 MI	だ 陀 DA	そん 尊 SON
8.	じっ 十 JIP -	的 方 - PO	しょ 所 SHO	ev 来 RAI	しょ 諸 SHO	ぶっ 仏 BUS	了 — SHI
	けん 顕 KEN	现 GEN	じん 神 JIN	が 選 ZU	至 SHI	献 安 AN	らく 楽 RAKU

In the jewel-pond strewn with gold sands grows a lotus;

The excellent throne on its dais has been produced by your acts of merit:

On the throne you are seated like the king of mountains.

Hence, I prostrate myself to Amida.

From the ten directions the Buddhas' children come in flocks; Manifesting supernatural powers, they reach the Land of Peace.

せん	ごう	そん	版	じょう	〈	ぎょう
胯	仰	尊	顔	常	恭	敬
SEN	GO	SON	GEN	JO	KU	GYO
故 KO	が 我 GA	ちょう 頂 CHO	らい 礼 RAI	於 MI	だ 陀 DA	そん 尊 SON
しょ	う有U	が	じょう	t	が	ら
9. 諸		無	常	無	我	等
SHO		MU	JO	MU	GA	TO
ゃく 亦 YAKU	た。 如 NYO	水 SUI	がっ 月 GATSU	でん 電 DEN	só 彩 YO	る 露 RO
い	しゅ	せっ	ぼう	が	みょう	ピ字用
為	衆	説	法	無	名	
I	SHU	SEP	— PO	MU	MYŌ	
故 KO	が 氏 GA	ちょう 頂 CHO	礼 RAI	弥 MI	だ 陀 DA	そん 尊 SON

They look up at your august face adoringly and worship you without interruption.

Hence, I prostrate myself to Amida.

All things are impermanent and selfless,

Like an image of the moon in the water, lightning or morning dew.

Your sermons to the multitudes are, in reality, wordless.

Hence, I prostrate myself to Amida.

10. 彼 HI	そん 尊 SON	が 仏 BUS —	せつ 刹 SETSU	が 無 MU	あく 悪 AKU	みょう 名 MYO
ゃく 亦 YAKU		女	にん 人 NIN	が悪	どう道	怖
しゅ 衆 SHU	にん 人 NIN		しん 心 SHIN			そん 尊 SON
故 KO	が 我 GA	ちょう 頂 CHO	が礼 RAI	弥 MI	だ 陀 DA	そん 尊 SON
u 11. 彼 HI	そん 尊 SON	せ 無 MU	りょう 量 RYO	时 方 HO	べん 便 BEN	きょう 境 KYO
が 無 MU	う有 U	しょ 諸 SHO	しゅ 趣 SHU	あく 悪 AKU	ち 知 CHI	しき 識 SHIKI

In the Revered Buddha's Land exist no evil names,

Nor are there beings in the female form, nor fear of evil realms.

All worship the Honored One in sincerity of heart.

Hence, I prostrate myself to Amida.

In the Buddha's Land accomplished with innumerable skillful devices,

There are no samsaric realms, nor evil teachers;

おう 往 0	じょう 生 JO	京 不 FU	迟 TAI	至 SHI	E 菩 BO	だい 提 DAI
故 KO	が 我 GA	ちょう 頂 CHO	が礼 RAI	弥 MI	だ 陀 DA	そん 尊 SON
が 12. 我 GA	せつ 説 SETSU	が彼田	そん 尊 SON	く 功 KU	どく 徳 DOKU	じ事 π
しゅ 衆 SHU	ぜん 善 ZEN	む 無 MU	ベ 辺 HEN	た。 如 NYO	か 海 KAI	水 SUI
所 SHO	ぎゃく 獲 GYAKU	ぜん 善 ZEN	こん 根 GON	清 SHŌ	じょう 浄 JO	しゃ 者 SHA
え 回 E	地 SE	い 衆 SHU	じょう 生 JO	上 生 SHO	彼田	三 国 KOKU

Upon attaining birth there, one reaches Bodhi without falling back. Hence, I prostrate myself to Amida.

I have extolled the Buddha's excellent virtue,

Thereby acquiring boundless merit like the ocean.

The roots of pure good I have thus acquired

I wish to share with other beings, aspiring together to be born in his Land.

## 

NA MAN DA BU

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Leader:				Every	one:					
がん	に	L	<	どく				いっ		
願	以	此	功	徳	平	等	施	_	切	
GAN	NI	SHI	KU	DOKU	BYŌ	DŌ	SE	IS -	- SAI	
どう	ほつ	ぼ	だい	しん	おう	じょう	あん	50	こく	
同	発	菩	提	No.	往	生	安	楽	国	
DŌ I	JOTSU	J BO	DAI	SHIN	Ō	JŌ	AN	RAK-	-KOI	ζU
								$\mathbf{O}$	•	$\mathbf{O}$

May we share these virtues Equally with one and all beings, And together attaining Birth in the land of peace.

### **Ondokusan I**



### 御文章 Gobunshō

本願寺第八代蓮如上人が、親鸞聖人のみ教えを、誰にでもわかりやすくしたためられた御消息(お手紙)です。寛正二年(1461年、上人 47歳)頃からのご製作と伝えられています。

乱世において生命の危機におびえる人々に対し、ただ阿弥 陀仏におまかせする一念の信心によって、老若男女を問わ ず在俗の生活のままで救われるという、浄土真宗のみ教え を平易に説き示して、誰でもが信心の喜びに生きるよう、 心から念願されています。

The *Gobunshō* are letters that were written by the eighth Monshu of the Hongwanji, Rennyo Shonin, so that anyone could easily understand Shinran Shonin's teaching. It is said that he began composing these letters in 1461 (Kanshō 2) when he was forty-seven years old.

Through them, to the people whose lives were filled with imminent danger during the era of turbance and chaos, he explained Jodo Shinshu teaching equally to everyone, indicating that for lay persons, regardless if someone were old or young, male or female, by simply relying on Amida Buddha and saying the Nembutsu with the entrusting heart (shinjin), all are saved. Rennyo Shonin's heartfelt wish was for everyone to live the joy of entrusting to the working of Amida's Primal Vow.

## 聖人一流 章 (5 帖第 1 0 通) Shōnin ichiryu shō, 5-10 The Tradition of Shinran Shōnin

聖人一流の御勧化のおもむきは、信心をもって本とせられ候ふ。そのゆゑは、もろもろの雑行をなげすてて、一心に弥陀に帰命すれば、不可思議の願力として、仏のかたより往生は治定せしめたまふ。

その位を一念発起入正定之聚とも釈し、そのうへの称名念仏は、如来わが往生を定めたまひし御恩報尽の念仏ところうべきなり。

あなかしこ、あなかしこ。

Shōnin ichiryū no gokanke no omomuki wa, shinjin wo motte hon to serare sōrō. Sono yue wa, moro moro no zōgyō wo nage sute te, isshin ni Mida ni kimyō sureba, fukashigi no ganriki to shite, Butsu no kata yori Ōjō wa jijō seshime tamou.

Sono kurai wo ichinen pokki nyū shōjō shiju tomo shaku shi, sono ue no shomyō Nembutsu wa, Nyorai waga Ōjō wo sadame tamai shi go on hōjin no Nembutsu to kokorou beki nari.

Anakashiko, Anakashiko.

What is taught in the tradition of Shinran Shōnin is that the entrusting heart is essential. For when we abandon various practices and take refuge in Amida with singleness of heart, our birth in the Pure Land is settled by the Buddha through the inconceivable Vow-Power.

The state we thus attain is described as "with awakening of a single thought of entrusting, we join those who are in the stage of the truly settled."

Recitation of the nembutsu thereafter should be understood to be the nembutsu as an expression of gratitude for the Tathāgata's benevolence for settling our birth in the Pure Land.

Humbly and respectfully.

## 信心獲得 章(5帖5通) Shinjin gyaku toku shō, 5-5 Attaining the Entrusting Heart

信心獲得すといふは第十八の願をこころうるなり。この願をこころうるといふは、南無阿弥陀仏のすがたをこころうるなり。このゆゑに、南無と帰命する一念の処に発願回向のこころあるべし。これすなはち弥陀如来の凡夫に回向しましますこころなり。

これを大経には令諸衆生功徳成就と説けり。されば無始以来つくりとつくる悪業煩悩を、のこるところもなく願力不思議をもつて消滅するいはれあるがゆゑに、 正定聚不退の位に住すとなり。

これによりて煩悩を断ぜずして涅槃をうといへるはこのこころなり。この義は当流一途の所談なるものなり。他流の人に対してかくのごとく沙汰あるべからざるところなり。よくよくこころうべきものなり。あなかしこ、あなかしこ。

Shinjin gyakutoku su to iuwa Dai Jūhachi no gan wo kokoro uru nari. Kono gan wo kokoro uru to iu wa, Namo Amida Butsu no sugata wo kokoro uru nari. Kono yue ni, Namo to kimyō suru ichinen no tokoro ni hotsugan ekō no kokoro aru beshi. Kore sunawachi Mida Nyorai no bonbu ni ekō shi mashi masu kokoro nari.

Kore wo Daikyō ni wa ryōsho shujō kudoku jōju to tokeri. Sareba mushi irai tsukuri to tsukuru akugō bonnō wo, nokoru tokoro mo naku ganriki fushigi wo motte shōmetsu suru iware aru ga yue ni, shōjōju futai no kurai ni jūsu to nari.

Kore ni yorite bonnō wo danzezu shite Nehan wo u to ieru wa kono kokoro nari. Kono gi wa tōryū ichizu no shodan narumono nari. Taryū no hito ni taishite kakuno gotoku sata aru bekara zaru tokoro nari. Yoku yoku kokorou beki mono nari.

Anakashiko, anakashiko.

Attaining the entrusting heart lies in understanding the Eighteenth Vow. To understand this Vow means to understand what "Namo Amida Butsu" is. And so, when one takes refuge, that is, "namo," in Amida in one thought-moment, "making aspiration and directing virtue" is implied. This means that Amida Tathāgata directs virtue to us, foolish beings.

This is taught in the *Larger Sutra* as "bringing all sentient beings to the attainment of virtues." So it follows that all the karmic evil and blind passions which we have given rise to since the beginningless past are completely extinguished by the inconceivable Vow-Power. Hence, we dwell in the stage of non-retrogression, or the stage of the truly settled.

This is the meaning of the statement, "we attain nirvana without severing blind passions." This teaching is unique to our tradition, and so should not be discussed with followers of other schools. This we should carefully bear in mind. Humbly and respectfully.

### 末代無智章(5帖1通)

## Matsudai muchi shō Those Lacking Wisdom in the Latter Age, 5-1

末代無智の在家止住の男女たらんともがらは、こころをひとつにして阿弥陀仏をふかくたのみまゐらせて、さらに余のかたへこころをふらず、一心一向に仏たすけたまへと申さん衆生をば、たとひ罪業は深重なりとも、かならず弥陀如来はすくひましますべし。これすなはち第十八の念仏往生の誓願のこころなり。

かくのごとく決定してのうへには、ねてもさめても、 いのちのあらんかぎりは、称名念仏すべきものなり。 あなかしこ、あなかしこ。

Matsudai muchi no zaike shijū no nan nyo taran tomogara wa, kokoro wo hitotsu ni shite Amida Butsu wo fukaku tanomi mairasete, sarani yo no katae kokoro wo furazu, isshin ikkō ni Butsu tasuke tamae to mōsan shujō woba, tatoi zaigō wa jinjū nari tomo, kanarazu Mida Nyorai wa sukui mashimasu beshi.

Kore sunawachi Dai Jūhachi no Nembutsu Ōjō no Seigan no kokoro nari.

Kaku no gotoku ketsujō shite no ue niwa, nete mo samete mo inochi no aran kagiri wa, Shōmyō Nembutsu subeki mono nari.

Anakashiko, Anakashiko.

Laymen and laywomen in the latter age who lack wisdom should deeply rely on Amida Buddha with singleness of heart, entrusting themselves to the Buddha single-mindedly and unwaveringly for their emancipation, without turning their thoughts to other matters. However deep and heavy their evil karma may be, Amida Tathāgata unfailingly saves them.

This is the essence of the Eighteenth Vow that assures our birth in the Pure Land through the nembutsu.

Once our heart is thus settled, we should say the nembutsu, whether awake or asleep, for as long as we live.

Humbly and respectfully.

## 白骨章(5帖第16通) Hakkotsu no shō White Ashes, 5-16

それ、人間の浮生なる相をつらつら観ずるに、おほよ そはかなきものはこの世の始中終、まぼろしのごとく なる一期なり。さればいまだ万歳の人身を受けたりと いふことをきかず、一生過ぎやすし。

いまにいたりてたれか百年の形体をたもつべきや。われや先、人や先、今日ともしらず、明日ともしらず、おくれさきだつ人はもとのしづくすゑの露よりもしげしといへり。されば朝には紅顔ありて、夕には白骨となれる身なり。

すでに無常の風きたりぬれば、すなはちふたつのまな こたちまちに閉ぢ、ひとつの息ながくたえぬれば、紅 顔むなしく変じて桃李のよそほひを失ひぬるときは、 六親眷属あつまりてなげきかなしめども、さらにその 甲斐あるべからず。

さてしもあるべきことならねばとて、野外におくりて 夜半の煙となしはてぬれば、ただ白骨のみぞのこれり。 あはれといふもなかなかおろかなり。

されば人間のはかなきことは老少不定のさかひなれば、 たれの人もはやく後生の一大事を心にかけて、阿弥陀 仏をふかくたのみまゐらせて、念仏申すべきものなり。

あなかしこ、あなかしこ。

Sore, ningen no fushō naru sō wo tsura tsura kanzuru ni, ōyoso hakanaki mono wa konoyo no shichūjū, maboroshi no gotoku naru ichigo nari.

Sareba imada manzai no ninjin wo uketari to iu koto wo kikazu, isshō sugi yasushi.

Ima ni itarite tare ka hyaku nen no gyōtai wo tamotsu beki ya. Ware ya saki, hito ya saki, kyō tomo shinrazu, asu tomo shirazu, okure saki datsu hito wa moto no shizuku sue no tsuyu yori mo shigeshi to ieri. Sareba ashita niwa kōgan arite, yūbe niwa hakkotsu to nareru mi nari.

Sudeni mujō no kaze kitari nureba, sunawachi futatsu no manako tachimachi ni toji, hitotsu no iki nagaku tae nureba, kōgan munashiku henjite tōri no yosooi wo ushinai nuru toki wa, roku shin kenzoku atsumarite nageki kanashime domo, sarani sono kai aru bekarazu.

Sateshimo arubeki koto nara neba tote, yagai ni okurite yowa no kemuri to nashi hate nureba, tada hakkotsu nomizo nokoreri. Aware to iu mo naka naka oroka nari.

Sareba ningen no hakanaki koto wa rōshō fujō no sakai nareba, tare no hito mo hayaku goshō no ichidaiji wo kokoro ni kakete, Amida Butsu wo fukaku tanomi mairasete, Nembutsu mōsu beki mono nari.

Anakashiko, Anakashiko.

### Translation I

As we deeply observe the transient form of human life, we realize that in this world, from the beginning to the end what is momentary and passing is the illusory course of human life.

Thus, we have not heard of anyone receiving human form which last for ten thousand years. The course of life ebbs very rapidly. Can anyone preserve their body for a hundred years at the present time? Not knowing whether death will come today or tomorrow, those who depart before us are as countless as the drops of dew.

Therefore, in the morning we may have radient health; in the evening we may be white ashes. When the winds of uncertainty strike, our eyes are closed forever; when the last breath leaves our body the healthy color of the face is transformed and we lose the appearance of radiant life; loved ones may gather around and lament, but to no avail. When such an event occurs, the body is sent into an open field and cremated leaving only the white ashes. What a sad plight!

Thus, we see that what humans cannot control is the passing away of the young and old alike. Therefore, we should all look to our future life and with faith in Amida Buddha repeat the Holy Name.

With reverence, I remain

### Translation II

In silently contemplating the transient nature of human existence, nothing is more fragile and fleeting in this world than the life of man. Thus, we have not heard of human life lasting for a thousand years. Life swiftly passes and who among men can maintain his form for even a hundred years?

Whether I go before others, or others go before me; whether it be today, or it be tomorrow, who is to know? Those who leave before us are as countless as the drops of dew. Though in the morning we may have radiant health, in the evening we may return to white ashes. When the winds of impermanence blow, our eyes are closed forever; and when the last breath leaves us, our face loses its color.

Though loved ones gather and lament, everything is to no avail. The body is then sent into an open field and vanishes from this world with the smoke of cremation, leaving only the white ashes.

There is nothing more real than this truth of life. The fragile nature of human existence underlies both the young and old, and therefore we must, one and all, turn to the teachings of the Buddha and awaken to the ultimate source of life.

By so understanding the meaning of death, we shall come to fully appreciate the meaning of this life which is unrepeatable and thus to be treasured above all else. By virtue of true compassion, let us realize the irreplaceable value of human life and let us together live with the Nembutsu in our hearts.

Humbly and respectfully.